



East Sussex Cycling Association

50 mile Reliability Trial

Sunday 6th November 2016

Promoted by Worthing Excelsior Cycling Club



The 2016 Reliability Trial for the ESCA Rally Shield will be held over a 50 mile course, with the start and finish at Downlands Community School, Dale Avenue, Hassocks, East Sussex. BN6 8LP. Dale Avenue is located off the B2116, the main street through Hassocks. (Adjacent to National Tyres). Car Parking is available at the school and at two public car parks in Dale Avenue, no parking charges on Sundays. Do NOT park in Dale Avenue. No shoe plates in the school.

Riders can choose one of the three events: **Event A – 4 hours** with the first group off at 8:15am
Event B – 3½ hours with the first group off at about 8:50am
Event C – 3 hours with the first group off at about 9:20am

Please note that if there are a high number of entries in Event A it might be necessary to have a later starting time for Event B and Event C. We apologise for any inconvenience but hope you appreciate that keeping group sizes to no more than 15 has to be a priority.

The ESCA club with the highest combined number of successful finishers from all three events will hold the Rally Shield for one year. In the event of a tie, the club with the largest number of successful finishers in Event B and C will be declared the winner. The Rally Shield will be presented to the winning club at the ESCA prize presentation lunch on Sunday 5th February 2017 at the Buxted Inn, High Street, Buxted, Uckfield, East Sussex TN22 4LA.

Entrants must be members of an ESCA affiliated club, there are no entries on the line, and no entries via email. All entries must be paid in advance and made on the reliability trial entry form, to arrive no later than Friday 28th October 2016. The cost per rider is £5.00, with cheques made payable to East Sussex Cycling Association. Riders under 18 must be sufficiently experienced and submit a signed parent consent form.

The Order of Start and Route Sheet will be emailed to each ESCA club Secretary for distribution to their riders if needed. These will also be published on the ESCA website www.eastsussexca.org.uk and ESCA facebook group www.facebook.com/groups/EastSussexCA

You will be required to sign on no later than 10 minutes before your start time. At the signing on point you will be given a control card to carry with you during the trial. Your control card **must** be stamped at each of the control points, and handed in to the timekeeper/checker at the finish for your official finishing time to be recorded on your card. **Your completed control card will be used to validate your ride.**

By signing on you confirm that

- Your name and club has been correctly recorded
- You agree to ride in a safe manner in accordance with the law
- You agree to place no liability on the organiser, ESCA or Worthing Excelsior Cycling Club
- You are a member of an ESCA affiliated club

The usual rules for reliability trials will be applied – in summary, for a ride to qualify you must complete the course, have your control card stamped at each of the control points, and hand it in to the timekeeper/checker at the finish to enter your finish time. **Your completed control card will be used to validate your ride. You may not pass the finish earlier than 10 minutes before your allotted finishing time.** There is to be no racing between riders or teams, and you must ride in a manner that is safe for you, other cyclists and all other road users.

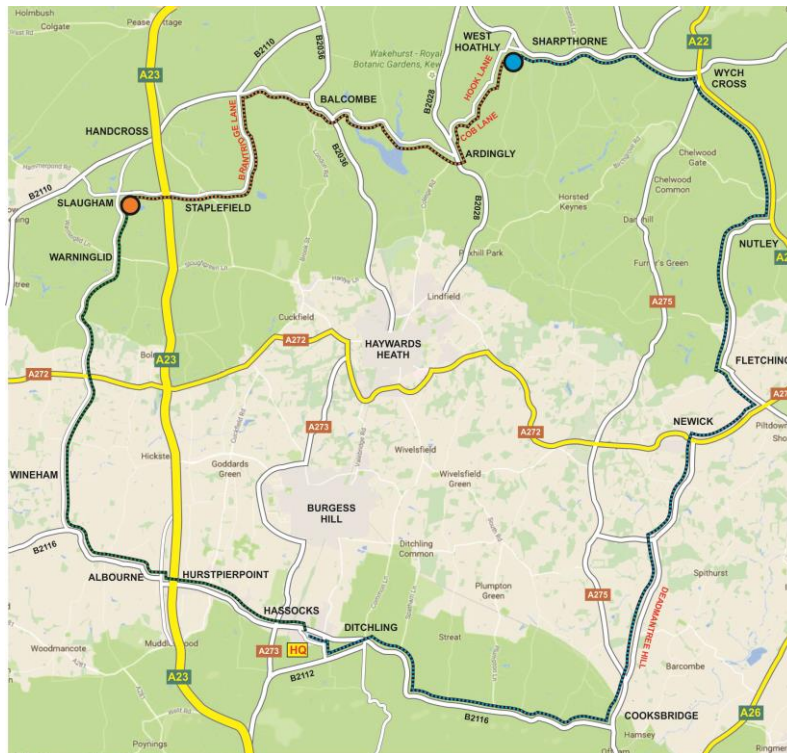
Organiser Robert Downham, Worthing Excelsior CC
93 Chippers Road, Worthing, West Sussex BN13 1DG
Telephone 01903 268380 Mobile 07741 279199 or email rjdownham@btinternet.com



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EAST SUSSEX RELIABILITY TRIAL SUNDAY, 6th NOVEMBER 2016 ROUTE DETAILS

START. Exit the school car park, turn Right into Dale Ave, continue to Tee Junction where Right into Lodge Lane, continue to Left turn onto B2112. At Ditchling, Right at Roundabout onto B2116, continue to Tee Junction, (7mls) where Left onto A275. Continue to Fork Right at 'Rainbow Kitchen' into Deadmans Tree Hill. Continue to Tee Junction, (10.7mls) turn Right signposted Newick, continue to Tee Junction, (11.8mls), where Right then Left, continue to Newick where Right onto A272.

On A272 take 1st Left signposted Fletching, continue through village following signs to Nutley, at Splaynes Green, Fork Right into Bell Lane and continue to join A22 at Nutley (19.1mls) Left on A22 to Wych Cross (22.1mls), at traffic lights, turn left signposted Sharpthorne. Left at crossroads into Plainhatch Lane, continue through Sharpthorne to West Hoathly (25.9mls). Turn left, into Church Hill, in direction of 'Priest House'. **CONTROL**

Continue into Hook Lane and Cob Lane.(CARE ON DESCENT) At Tee Junction with B2028, Left towards Ardingly, where 1st Right into Street Lane (28.8mls) Continue on Balcombe Lane to roundabout in Balcombe, where right, straight on at cross roads signposted London, at roundabout on B2036 (31.6mls) Right then Left signposted Handcross. Continue to 1st Left into Brantridge Lane, continue to cross roads at Staplefield, straight on to Slaugham cross roads. (37.3mls) **CONTROL**

Left through Warninglid to continue to junction with A272, straight over, to pass through Wineham to join B2116 (44.7mls), where left through High Cross and Albourne to Tee Junction, where right and then left continuing on B2116 to pass through Hurstpierpoint. At junction with A273, straight on to Hassocks, where right (adjacent to National Tyres) into Dale Ave to finish at Downlands College. (50 mls)



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Entries to Robert Downham, Worthing Excelsior CC
93 Chippers Road, Worthing, West Sussex BN13 1DG
Postal entries only, no entries on the line, and no entries via email

Enquiries at Telephone 01903 268380 Mobile 07741 279199 or email rjdownham@btinternet.com

Closing date for entries Friday 28th October 2016

Entries in advance only £5.00 (cheques payable to East Sussex CA please)

Please enter me for the **East Sussex CA 50 mile Reliability Trial**

Name	ESCA Club
Address	
Contact Number	Email

Emergency Contact Details

Name	Number
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Event	Ride Time	Approx Pace	Start Time	Finish Time	Please tick one ✓
Event A	4 Hrs	12.5 mph	08:15	First group finishes no earlier than 10 minutes before 12:15	
Event B	3½ Hrs	14.5 mph	08:50	First group finishes no earlier than 10 minutes before 12:20	
Event C	3 Hrs	16.5 mph	09:20	First group finishes no earlier than 10 minutes before 12:20	

Please note that if there are a high number of entries in Event A it might be necessary to have a later starting time for Event B and Event C. We apologise for any inconvenience but hope you appreciate that keeping group sizes to no more than 15 has to be a priority. Riders go off in groups of about 15, and the number of groups in each Event will depend on the number of entries. Groups in each Event will go off at 5 minute intervals for which the timekeeper will make the necessary adjustment. Once the order of start has been published riders cannot change the Event they have entered or their ride time so please liaise with your club mates before submitting your entry form. Please make a note of any specific requests on the back of this form, which will be accommodated if possible, but cannot be guaranteed.

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You may not pass the finish earlier than 10 minutes before your allotted finishing time. There is to be no racing between riders or teams, and you must ride in a manner that is safe for you, other cyclists and all other road users.