

Southern Counties Cycling Union

Founded 1898 President Jan Sommerfeld

Open 21 Mile Hardriders Time Trial

(Promoted For and On Behalf of Cycling Time Trials under their Rules and Regulations)

In Memory of Don Glover

Sunday 20th March 2016

**Qualifying event for SPOCO South East Group 2
Course GS/334**

Start Sheet

Headquarters:-

Bletchingley Village Hall 78 High Street Bletchingley RH1 4PA
Large Hall opens at 8.00 am Large Car Park at rear

Timekeepers:-

Lesley Donington Clarence Wheelers
Bob Donington Clarence Wheelers
Jan Tully Recorder Anerley B C

Awards:-

Men	First	£40	Women	First	£30	Vets on CTT Target Time
	2 nd	£30		2 nd	£20	1 st £40
	3 rd	£20				2 nd £30

Team of Three

1st £20 each
2nd £10 each

Bill Diplo Cup Fastest rider from a SCCU affiliated Club

Thanks to our very generous prize fund donors who enable the Counties to provide such an excellent award list.

Promoting Secretary

Bryn Tully 8 Hartscroft Linton Glade Croydon CR0 9LA

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'phone 0208 651 1429

Mobile on Race Day only 07939764830

COURSE DETAILS GS/334

<u>OS Ref</u>	<u>Details</u>	<u>Distances</u>	
338512	<u>START</u> in mouth of Waterhouse Lane at its westernmost junction with A25	0.0	0.0
309506	<u>LEFT</u> and follow A25 through Bletchingley and over Motorway Bridge to junction with Coopers Hill Road (CHECK)	1.9	1.9
320441	<u>LEFT</u> and follow Coopers Hill Road under Railway and Motorway Bridges. Continuing south, Coopers Hill Road leads into Prince of Wales Road, which then becomes Dayseys Hill and finally Rookery Hill. Follow Rookery Hill to T-Junction with Chapel Road (CHECK)	4.5	6.4
328508	<u>LEFT</u> into Normans Road which leads into Scott's Hill. Follow Scott's Hill northwards past Outwood Mill. Continue northwards, now in Outwood Lane to T-Junction with A25 at Bletchingley (CHECK)	4.6	11.0
309506	<u>LEFT</u> along A25 and over Motorway Bridge to junction with Coopers Hill Road (CHECK)	1.2	12.2
320441	<u>LEFT</u> and follow Coopers Hill Road under Railway and Motorway Bridges. Continuing south, Coopers Hill Road leads into Prince of Wales Road, which then becomes Dayseys Hill and finally Rookery Hill. Follow Rookery Hill to T-Junction with Chapel Road (CHECK)	4.5	16.7
327502	<u>LEFT</u> into Normans Road which leads to Scott's Hill. Follow Scott's Hill northwards past Outwood Mill. Continue northwards, now in Outwood Lane, to <u>FINISH</u> at 30 mph signs at top of hill on both sides of the road shortly before first houses and approximately 530 yards before T-Junction with A25 in Bletchingley.	4.3	21.0

Course designed by Don Glover

Course Record Steve Dennis 49.38

Event Record Steve Kane 50.35

Specific Warnings for Course GS/334

- ~ Competitors must exercise EXTRA CARE when turning LEFT at T-Junction with CHAPEL ROAD, when crossing the NARROW railway bridge in OUTWOOD LANE and when turning LEFT to A25.
- ~ Competitors are warned of CURBED WIDTH RESTRICTIONS (blocking Cycle Lane) as you enter Bletchingley soon after the START and the possibility of CROSSWINDS on the BRIDGE over M23.
- ~ Please be aware that there is a Riding School at Rookwood Farm Stables, Rookery Hill, so don't be surprised if you encounter a HORSE on the road and proceed with care.

SAFETY INSTRUCTIONS

- ~ No vehicles, except those of the Timekeepers and Event Officials, shall be parked in the vicinity of the Start and Finish areas
- ~ Competitors are asked not to WARM UP on the Course after the first competitor has started.
- ~ Details of any ADDITIONAL HAZARDS will be displayed or advised at the SIGNING ON POINT.
- ~ All Competitors must take note of these details when they sign on
- ~ NO TIMES will be given at the Finish
- ~ In the interests of your own safety, CTT and the Event Promoters strongly advise all competitors to wear a HARD/SOFT SHELL HELMET that meets internationally accepted standards.
- ~ BODY NUMBERS will be issued at the HEADQUARTERS. Please ensure that your number is fitted in a readable position in accordance with CTT Reg No.15. If the Timekeepers can't see your number, you won't get a time! Afterwards return your number for a COMPLIMENTARY DRINK.
- ~ It is recommended that a working REAR LIGHT, either constant or flashing, is fitted to your machine in a position clearly visible to other road users and active while the bike is in use.
- ~ FINALLY thanks for entering, have a SAFE RIDE, keep your HEAD UP and ACCIDENTS DOWN

<u>ToS</u>	<u>No</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>CTT</u> <u>Target</u> <u>Time#</u>	<u>1st</u> <u>Lap</u>	<u>Race</u> <u>Time</u>
9.02	2	Chris Brewer	Redmon C C	V55	00:58:36		
9.03	3	Matt Singer	34 Nomads CC *	V46	00:54:51		
9.04	4	Steve Valentine	Elite Cycling *	V58	00:59:54		
9.05	5	Andrew J Green	Old Portlians CC	V49	00:56:05		
9.06	6	David Haggart	De Laune CC	V55	00:58:36		
9.07	7	Jonathan Hemming	Ocean Lake Triathlon	V46	00:54:51		
9.08	8	Chris Jolliffe	Crawley Wheelers *	V58	00:59:54		
9.09	9	Joan Lennon	Worthing Excelsior CC	WV59	01:03:59		
9.10	10	Richard Tully	Elite Cycling	M39			
9.11	11	Alexander Kew	Kingston Phoenix RC	V45	00:54:27		
9.12	12	Luke De Quay	East Grinstead CC	M31			
9.13	13	Stephen Allport	Bec CC	V40	00:52:30		
9.14	14	Richard Opie	Kingston Phoenix RC	V49	00:56:05		
9.15	15	Katie Crowe	Dulwich Paragon CC	W39			
9.16	16	David Watt	Kingston Phoenix RC	M36			
9.17	17	Carl Stephens	Basildon CC	V46	00:54:51		
9.18	18	Chris Holmes	Norwood Paragon CC	V40	00:52:30		
9.19	19	Kathryn Morris	Dulwich Paragon CC	W36			
9.20	20	Alys Mathew	Clapham Chasers	W37			
9.21	21	Andrew Seltzer	In-Gear Quickvit RT *	V50	00:56:30		
9.22	22	Russell Hicks	Oxted Cycle Club	V62	01:01:41		
9.23	23	Mike Morley	Kingston Phoenix RC	V74	01:07:20		
9.24	24	Andrew Drake	East Grinstead CC	M33			
9.25	25	Lisa Haines	Maldon & District CC	W35			
9.26	26	Serge Bouschet	Dulwich Paragon CC	V43	00:53:40		
9.27	27	David Marshall	Hemel Hempstead CC	V50	00:56:30		
9.28	28	Will Weichhart	Becontree Whlers CC	V43	00:53:40		
9.29	29	Sarah Phelps	Brighton Mitre CC	W28			
9.30	30	Mark Perry	Look Mum No Hands! *	M39			
9.31	31	Jonathan Pontin	Addiscombe CC	M25			
9.32	32	Marcus Brueton	Norwood Paragon CC	V44	00:54:03		
9.33	33	Daniel Pink	Bigfoot CC	M29			
9.34	34	Paolo Nistri	Albarosa CC *	V41	00:52:53		
9.35	35	Kevin Grimshaw	Bigfoot CC	V49	00:56:05		
9.36	36	Gary Brind	South Downs Bikes *	V42	00:53:16		
9.37	37	Phil Hersey	Eagle Road Club	V42	00:53:16		
9.38	38	Chris Hewitt	Oxted Cycle Club	M32			
9.39	39	Barry Robinson	...a3crg	V41	00:52:53		

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9.40	40	Mark Emsley	Team ASL360 *	M26			
9.41	41	James Stuart	Norwood Paragon CC	V41	00:52:53		
9.42	42	Carl Ferri	Cadence Performance *	V46	00:54:51		
9.43	43	Oliver Hurrell	Basildon CC	M29			
9.44	44	Simon Trehearn	Kingston Phoenix RC	V41	00:52:53		
9.45	45	Paul Callinan	London Dynamo	V45	00:54:27		
9.46	46	Ian Bashford	Old Portlians CC	V60	01:00:47		
9.47	47	James Horan	South Downs Bikes *	V46	00:54:51		
9.48	48	Dale Lush	Kingston Phoenix RC	M37			
9.49	49	David Eccles	Redmon C C	V68	01:04:26		
9.50	50	Steven Kane	Brighton Excelsior CC	M27			
9.51	51	Matt Peel	Redhill CC	M31			
9.52	52	Graham Hurrell	Basildon CC	V56	00:59:01		
9.53	53	Iain Boardman	Dulwich Paragon CC	V42	00:53:16		
9.54	54	Danny Halpin	LFGSS CC	V42	00:53:16		
9.55	55	Keith Lea	Paceline RT	V46	00:54:51		
9.56	56	Philip Murrell	Finsbury Park CC	V46	00:54:51		
9.57	57	James Griffin	Kingston Wheelers CC *	M28			
9.58	58	Barry Stewart	Bigfoot CC	M34			
9.59	59	Andrew R Green	Bec CC	V41	00:52:53		
10.00	60	Steve Dennis	East Grinstead CC	V52	00:57:19		

CTT Target Time reduced from 25m to 21m

* Sponsored Clubs

The Southern Counties Cycling Union Good Friday Meeting

This iconic event returns to the Lee Valley VeloPark on Friday 25 March 2016

With over 100 years of history, the Good Friday Meeting is the oldest Track meeting in Britain and predates the Tour de France. It attracts some of the world's best riders and will be one of the few opportunities to see Team GB riders in action on home soil ahead of the Rio Olympics. Over the years the Good Friday Meeting has seen the likes of Sir Bradley Wiggins, Sir Chris Hoy, Victoria Pendleton, Jody Cundy, Andy Tennant and Ed Clancy compete at this unique track cycling event.

It is unique due to the open nature of the racing which sees amateur riders take on professionals. Entertaining for both the long time fans and the newly converted it's an event for all those who cherish bike racing and watching competition at its most thrilling.

General admission for the Good Friday Meeting starts at £16.50 with presale VIP tickets at £19.25 (all tickets include booking fee). Just one ticket allows access to a whole day's racing.

Further information at www.eventim.co.uk/TheGoodFridayMeeting